






| Company | ActiGraph | Ambulatory Monitoring Inc | | CamNtech | Philips Respironics |
|---|---|--|---|---|---|
| Product Name |  wActiSleep-BT Monitor |  Micro Motionlogger Watch |  Motionlogger Watch |  MotionWatch 8 |  Actiwatch Spectrum |
| Website | www.actigraphcorp.com | www.ambulatory-monitoring.com | www.ambulatory-monitoring.com | www.camntech.com | www.philips.com/actigraphy |
| Cost/Warranty | \$299/1 year | 1 year | 1 year | \$750/2 years | 1-year standard warranty; extended warranty available |
| Accelerometer Technology | 3-axis solid state accelerometer with digital filtering | Solid state triaxial | Solid state triaxial | MEMS – 3 axis | Solid-state “piezoelectric” |
| Product Dimensions | 4.6 cm x 3.3 cm x 1.9 cm | 3.6 cm x 3.6 cm x 1.2 cm | 5.5 cm x 4.5 cm x 1.8 cm H | 3.81 cm x 2.54 cm x 1.016 cm | 4.8 cm x 3.7 cm x 1.4 cm |
| Weight, Including Batteries and Wrist Band | 22 grams | 30 grams | 65 grams | 16.8 grams | 30 grams |
| Batteries | Rechargeable lithium polymer | 1 DL2430 disposable coin cell | 1 DL2450 disposable coin cell | Common watch R2032 | Lithium coin cell CR 2430 |
| Battery Life | 31 days | 30+ days | 30+ days | 1 year | 1-year battery life (with continuous use at 1-minute epoch) |
| Type of Memory Storage | 2 GB nonvolatile | 2 MB nonvolatile | 2 MB nonvolatile | 4 MB nonvolatile | 2 MB nonvolatile |
| Recording Time at 1-Minute Sample Interval | 120 days | 30+ days | 30+ days | 182 days | 36 days—Activity plus 4 channels of light data |
| Logging Intervals | Collects as raw data (30-100 Hz), processing in 1, 2, 3, 5, 10, 15, 30, 60, 120, 150, 180, and 240-second intervals | 1, 2, 5, 10, 30, 60 seconds | 1, 2, 5, 10, 15, 30, 60 seconds | 2, 5, 15, 30, 60 seconds | 15-second, 30-second, 1-minute, 2-minute, 5-minute |
| Light Sensor Type | Photodiode | Photodiode | Photodiode | Digital | Red, green, and blue color sensitive photodiodes |
| Wavelength Range | 450 to 700 nm (600 nm peak) | 400-700 nm (520 nm peak) | 400-700 nm (520 nm peak) | 0 to 64,000 lux | blue 400-500 nm; green 500-600 nm; red 600-700 nm |
| Moisture Protection | Water-resistant | 100 m water-resistant | 50 m water-resistant | Waterproof | Immersible 1 m for 30 minutes per IPX7 IEC 60529 |
| Operating Temperature Range | -4°F to 140°F | 33°F to 120°F | 33°F to 120°F | 0°F to 150°F | 41°F to 104°F |
| Communications Interface | USB, Bluetooth LE | USB-to-IrDA | USB-to-IrDA | USB | Infrared to dock 57.6 kpbs; USB to PC (USB 1.1 and 2 compatible) |
| Computer Operating System Compatibility | Windows XP, Windows Vista, Windows 7, Windows 8, Parallels Desktop for Mac | Windows XP, Windows Vista, Windows 7, Windows 8 | Windows XP, Windows Vista, Windows 7, Windows 8 | Windows XP, Windows 7, Windows 8 | Actiware: Windows 2000, Windows XP, or Windows Vista; Actiware CT: Windows 2000, Windows XP Professional, Windows Vista Business, or Windows Vista Ultimate |
| Peer Reviewed Validation Articles | Yes | Yes | Yes | Yes | Yes |
| Additional Features | Integrated wear time sensor for off wrist detection, support for heart rate (wireless HR sensor required), PLM scoring, automatic bedtime detection, body position, and daytime activity profile. Compatible mobile app for iPhone, iPad, and Android platforms supports real time device communication and data reports. | Time/date display, event marker with LED feedback, visual status indicator, multimode data collection, temperature channel, off-wrist detection. | Adjustable time of day/date display, backlight, event marker with visual/audible feedback, visual status and battery indicators, multimode data collection, temperature channel, off-wrist detection channel, PVT test, user rating scale entry, alarms (1 user and up to 10 fixable), stopwatch, countdown timer | The Event Marker button has a visual LED feedback indicator, confirming the event was marked | Device also records in a red, green, and blue light only mode; off-wrist detection; event marking; shock and vibration resistant; dust, heat, and perspiration resistant; latex/nickel free; biocompatibility tested; adheres to the requirements of 21 CFR Part 820, and ISO 9001 and 13485 certification; programmable time/date display with backlight; status feedback; multiple light and activity data collection modes; NIST traceable calibration; sleep mode |

Information for this guide based on data submitted by product manufacturers. Sleep Review strives for accuracy in all data but cannot be held responsible for claims made by manufacturers.



SOMNOWatch

www.somnomedics-diagnostics.com

2 years

Miniaturized poly-silicone-surface micromachined sensor (MEMS)

4.5 cm x 4.5 cm x 1.6 cm

30 grams

Li-Ion-Accu, inbuilt, rechargeable

26+ days

8 MB internal storage card

45 days

Sampling rate 1 per second up to 256 per second; storage rate 1 per 120 seconds (2 minutes) up to 256 per second

NPN-phototransistor

350-970 nm

Water-resistant (waterproof on demand)

41°F to 104°F

USB

Windows XP, 7, and other Windows operating systems

Yes

Event marker button, sleep/wake analysis, PLM scoring, 1 external channel possible (2nd Actisensor, ECG, EEG, respiratory), programmable start and stop periods for several recording periods, linking of several SOMNOWatch recordings thanks to high synchronization rate